



Tibet Relief Fund: Annual Summary 2021-22

Overview

Due to intense monitoring by China, working within Tibet has become increasingly challenging. Distributing funds in a transparent and accountable manner is a real obstacle to working with project partners in Tibet. Until this changes, we are focusing our efforts on Nepal and India, where 85,000 refugees live and need support to build their lives.

Our work in the UK promoted the unique culture and traditions of Tibet. We supported events, published online translated writings from inside Tibet, and developed skills in open source investigation to analyse social conditions in Tibet.

All figures below are based on draft end of year figures and subject to minor adjustments.

Our impact



21 children newly sponsored



200 elderly refugees supported



5 new communities worked with



2 healthcare and sanitation facilities built

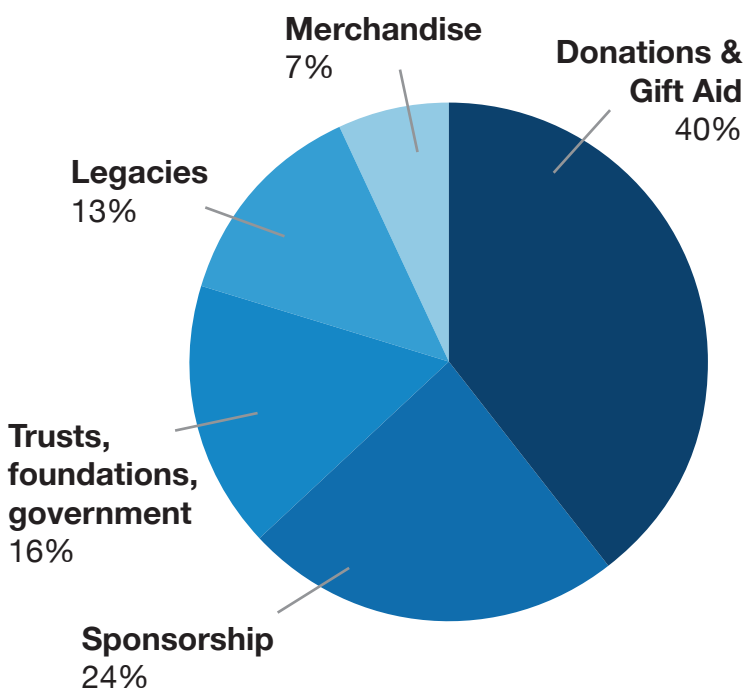


30 teachers' salaries supported

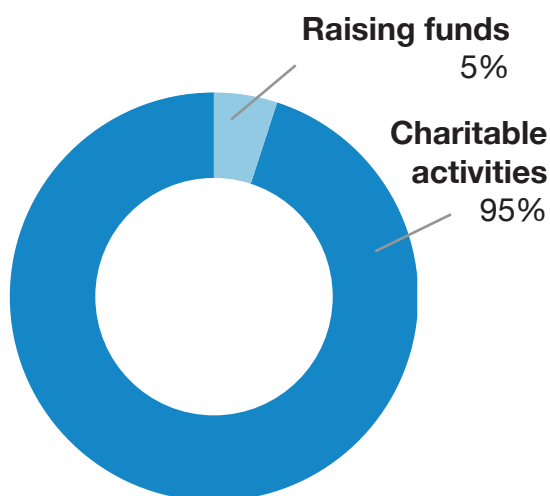


3,977 families sent Covid-19 relief (food, rent & medical expenses)

Where our income came from



How we spent funds

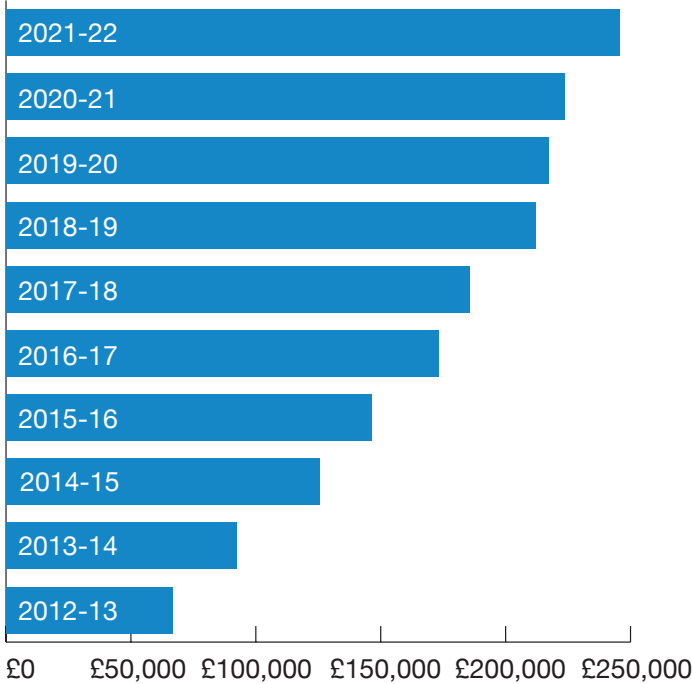


* We have a spendable endowment fund which is only accessible as authorised by the trustees. It is intended for long-term security and capacity building of the charity to effectively further its work and reach.

Project spending

2021-22: £245,476 (£346,916 including sponsorship)

2012-2022 project spending by year (exc. sponsorship)



Impact story: Pembi Sherpa

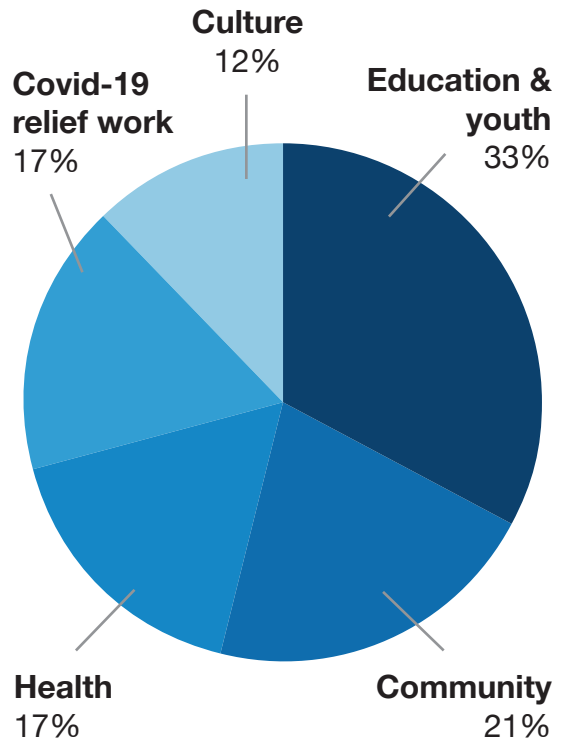


I am Pembi Sherpa, 55 years old from Bakhang village. I have two daughters and two sons, husband passed away six years ago due to delay in treatment. It would be a different story, if there were a health post like today. Anyhow in the past, medicines used to be brought from cities but no one has accurate medication knowledge in our village. One time I took supposedly a headache relieving medicine but ended up having rashes and sweating. The health post nurse said it was an allergic reaction due to wrong or bad medicine. But now with a health post and a proper nurse, we do not have to worry about the side effects and complications due to self-medication. I would like to thank Tibet Relief Fund for making our lives safer, easier and healthier by facilitating the health post and basic health services in my village.

Tibet Relief Fund and Build Up Nepal built a new health post in the remote village of Bakhang, Nepal, in 2021. Staff quarters for the health post were built in 2022 with a grant from Guernsey Overseas Aid.

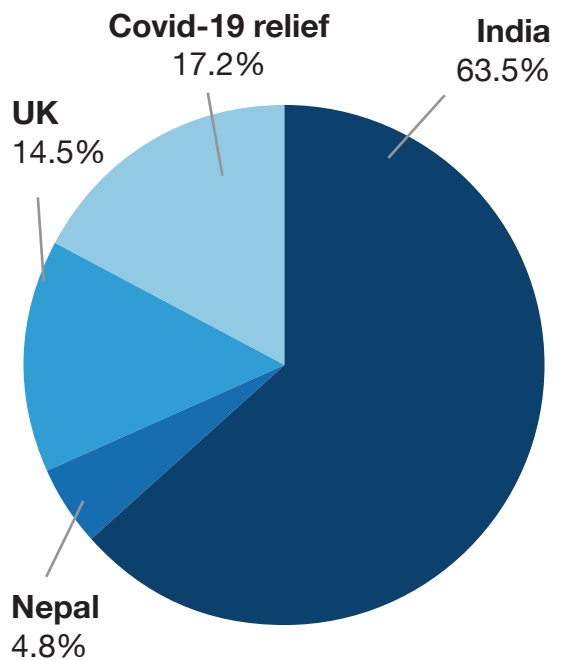
Areas of work breakdown

(Not including sponsorship)



Where we worked by country

(Not including sponsorship)



NB. Covid-19 relief includes India and Nepal